

# *How to Re-energize at Work*

✚ *Reinventing The Corporation* by John Naisbitt and Patricia Aburdene -  
There is a new ideal about work emerging in America today. For the first time, there is a widespread expectation that work should be fulfilling and that work should be fun. For millions of baby boomers, this new ideal is not outrageous; it is natural. Affluent and extremely well-educated, they grew up believing life should be fun and work, too!

✚ *A Whack On The Side Of The Head* by Roger Von Oech -  
One of play's products is fun. It is one of the most powerful motivators around. I've noticed that a fun working environment is much more productive than a routine environment. People who enjoy their work will come up with more ideas. The fun is contagious, and everybody works harder to get a piece of that fun.

✚ Author - Tom Peters -  
The number one premise of business is that it need not be boring or dull. It ought to be fun. If it is not fun, you're wasting your life.

✚ *Take the Ride of Your Life!* by Joyce Weiss  
Leaders who "get it" understand the correlation between happy employees and boosting the bottom line.

## *Fun Ideas to Get You Started*

- Theme days (Elvis, clashing outfits)
- Talent contests
- Slogan contests
- Employee baby picture bulletin boards
- Wear toy noses at meetings
- Toy car races.
- Create you own "Joy Gang"
- Free time to exercise
- Dress down days, no ties allowed
- Throw a quarter into a "negative pot" and the money buys food for the staff
- Give standing ovations to team members
- Meet a team member at the airport



## *Humorous Expressions to Get You Started*

*"Everything is funny as long as it is happening to someone else."* - Will Rogers

*"The crises of today is the joke of tomorrow."* - H. G. Wells.

*"Life literally abounds in comedy if you just look around you."* - Mel Brooks

*"Humor is tragedy plus time."* - Mark Twain